

First letter...

Dear M. Gesret

I am writing to you again after the four sessions with M. Richard, whom we call The Magician for the benefit of Olivia.

Here, as a reminder:

Olivia has suffered from eczema since she was 1 month old (treated with an emollient prescribed by a doctor). At first her skin was very dry on her belly, then there were dry red spots all over. I took her to a paediatrician who wanted her treated immediately with a cortisone cream.

Three hours after the start of her treatment Olivia had her first asthma attack. The doctor prescribed Ventolin and respiratory physiotherapy..

This situation lasted four months, with weekly visits to the doctor and the chemist.

Olivia was continuously treated with antibiotics because of infections. Her skin looked like that of a crocodile and we didn't even dare kiss our daughter any more for fear of hurting her.

The eczema got progressively worse until a particularly severe attack on the 1st May.

Olivia was a living wound. We could no longer touch her. She would howl in pain. The weeping patches had nearly covered her whole body. The twice daily baths supposed to help caused terrible suffering and were a nightmare for her and for us.

The doctor asked for allergy tests: she was allergic to egg-white, peanuts, mustard and cows' milk.

She also had a staphylococcus infection.

I cannot thank my mother enough for searching and finding out about your work. With little to lose we set up an appointment with M Richard.

We found his explanation of the imbalance in body structure very persuasive.

The day of that appointment will remain impressed on my mind. You have changed our life.

The first session stabilised her condition, the second and third sessions significantly improved it. Before the fourth there was a slight deterioration, but just fifteen minutes after the fourth she had her natural baby skin again.

Today she is much better, though there are still signs of her eczema because of the underlying staphylococcus infection which is still latent and which we are trying to eliminate.

Olivia has been reborn. As for me, her mother, I no longer feel the guilt and the worry. Our nights are much more peaceful.

Today she can nearly hold herself sitting and she plays happily. She no longer has the need to scratch all the time.

The doctor who treated Olivia congratulates herself on the improvement. The details of your method did not interest her – other than prescribe creams and antibiotics she could do nothing. What a pity she was so narrow-minded.

I wanted to thank you for the work that has already been done and for your quick and reassuring replies to my questions. I will keep you up to date with further developments. We will continue to see M Richard every month until the infection has completely cleared.

Thank you, thank you and thank you again,

Céline

Second letter...

Dear Jacques

I am writing again to bring you up-to-date about Olivia's progress. She is nearly walking now. We have been going back regularly to see M. Richard, who performs miracles at each visit. Two days, and sometimes even just a few hours, after a treatment all signs of Olivia's eczema disappear and her clear skin returns. She no longer scratches herself. I really believe that her infant memory has erased all the painful memories of her eczema. The Gesret method has put an end to it. As she learns to walk her many falls mean that we still need to go on a regular basis for treatment, but at each occasion the relief provided by your method is astonishing.

I have recommended your method to many people and have been surprised to find that a few adults have stopped the treatment because their improvement had not been as quick as they had hoped. Surely it must take longer to treat an adult body than a child's.

Whatever the case, thank you for your research, thank you for your help and thank you for your straight-talking.

Céline